



Prevention Research Center

FOR THE PROMOTION OF HUMAN DEVELOPMENT

2011 Bennett Lecture

Matthew Sanders, Ph.D.

Professor of Clinical Psychology, and
Director, Parenting and Family Support Centre,
School of Psychology,
University of Queensland, Australia

“Making a Public Health Approach to Parenting Support Really Work”

Lecture Abstract

As the benefits of positive parenting programs become more apparent, there are increasing calls for such programs to be more widely available in the community. Poor reach of existing programs, low father engagement, and underrepresentation of minorities combine to limit the impact and utility of evidence-based programs as preventive interventions. This presentation will focus on key findings emerging from large-scale trials of the Triple P—Positive Parenting Program as a multilevel system of parenting support. Lessons learned from the implementation of the intervention system in different settings will be discussed. A suite of interventions, including media and technology-assisted interventions, brief low-intensity primary care interventions, and more intensive programs for vulnerable parents will be described. Implications for policy, research and practice will be discussed.

For more information, visit the Prevention Research Center website at:
<http://www.prevention.psu.edu/> or contact Lee Carpenter, src5@psu.edu/
(814) 865-5204